



You are cordially invited to attend our

3 day Skills Based Workshop with Dr Mary Welford

Consultant Clinical Psychologist and Compassionate Mind Foundation Board Member

Compassion Focused Therapy and Compassionate Mind Training

5-7 October 2011

At Middlethorpe Hall, York

Mary Welford is a Consultant Clinical Psychologist working in Greater Manchester. She is a founding member of the Compassionate Mind Foundation and has liaised with Professor Paul Gilbert over many years. Working with a range of people on an individual and group basis, Mary is particularly interested in the application of Compassion-Focused Therapy (CFT) across the spectrum of human experiences, from anxiety and depression to psychosis and personality difficulties.

This workshop will provide an up to date summary of Compassion Focused Therapy and Compassionate Mind Training with an emphasis on clinical practice. Time will be spent reflecting on how compassion based practices and conceptualisations can be of benefit to both service user and therapists alike.

Further Development. The workshop will allow participants to proceed, if desired, onto the advanced training with Prof Paul Gilbert and the Compassionate Mind Foundation. It is planned that a series of booster and supervision workshops will be scheduled following the event to provide, optional, continued clinical support.

Participants are welcome from a range of disciplines and therapeutic modalities.

Organised by: The Northern Centre for Mindfulness and Compassion
A joint venture between KeyLine Consultancy Ltd and York Stress and Trauma Centre
Arkengarthdale Office, Forsyth Business Centre, Oakdale Road, Clifton Moor, York, YO30 4XL



Booking Form

Compassion Focused Therapy and Compassionate Mind Training 3 day Skills based workshop with Dr Mary Welford 5-7 October 2011

Surname:		First Name:		Title:		
Telephone:		Email*:				
Correspondence Address:						
Payment All payments are due in advance of the workshop In event of an invoicee not paying the due fee, the delegate becomes responsible for the full amount due.	Prices*** Earlybird rate before 30 June 2011: £350		<input type="checkbox"/>			
	Full fee from 1 July: £375		<input type="checkbox"/>			
Payment Method <input type="checkbox"/> Cheque enclosed - Please make payable to 'KeyLine Consultancy Ltd' <input type="checkbox"/> Paypal – Please raise a Paypal invoice (accepts most debit and credit cards) <input type="checkbox"/> Invoice – please invoice the following:						
Organisation Name:						
Purchase Order Ref:						
Contact Name:						
Email Address:						
Invoicing Address:						
Any special requirements (dietary**, access etc)						
Signature:				Date:		

*Please note that as far as possible all correspondence will be sent by email.

** A vegetarian menu will be available

*** Price includes VAT, refreshments, lunch and materials. Excludes: breakfast, Evening meal and accommodation

In signing this registration form you accept the terms and conditions of attendance and cancellation policy

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Please return your completed registration form to:

The Northern Centre for Mindfulness and Compassion
Arkengarthdale Office
Forsyth Business Centre
Oakdale Road
Clifton Moor
York
YO30 4XL

FAX: 01904 557601

Email: Relax@YorkMBSR.co.uk

Cancellation Policy

The registration fee will be refunded less a £15 administration charge if cancellations are received in writing to the Northern centre for Mindfulness and Compassion, at the address above, two weeks before the workshop date. Cancellations within two weeks of the event are charged the full registration fee.

In the event of cancellation of the workshop outside of our control we will not be held accountable for accommodation and/or travel costs incurred. However the workshop fees will be refunded.

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Participant Agreement

Read the terms and conditions listed below carefully. In submitting your registration form you fully accept and agree to these terms and conditions.

TERMS AND CONDITIONS OF YOUR ATTENDANCE

I understand that these classes include music and slide projections at times, steps are taken to ensure that we keep noise exposure to a level that is reasonably practical; if that should cause me distress I will leave the room immediately and inform the programme organisers.

I further acknowledge that I am a healthy individual and I am physically and psychologically fit to participate in this programme. I know of no reason, nor have I been informed by my doctor or psychologist of any reason, why my participation in this programme would do me harm of any nature. If this does not accurately reflect my situation I agree that I will notify the programme organisers prior to the commencement of the programme.

I understand that although this event may raise emotional issues, it is not intended to provide a therapeutic environment or be a substitute for ongoing medical advice from a qualified medical practitioner, counselling or psychotherapy and any unresolved issues which may surface and which may warrant medical treatment, counselling or psychotherapy, will be at my own risk and expense.

I understand that neither KeyLine Consultancy Limited, York Stress and Trauma Centre nor any of its associated companies or their staff or representatives will be making any judgement as to my fitness to participate in this programme. However, if for any reason representatives of the organisers request me to leave the programme I will do so immediately without question or discussion.

CONFIDENTIALITY - I understand that during this workshop I may come into contact with personal information about other delegates. I respect that delegates, organisers and instructors must keep this personal information confidential except as maybe required by law.

I agree that any recorded or written material included as part of this event is protected by intellectual property laws, including copyright laws and may not be used without obtaining prior written permission from KeyLine Consultancy Limited, York Stress and Trauma Centre or its associated partners. As a participant, I agree not to record or make any reproduction of the whole or any part of the programme, materials or electronic files.

I understand that neither KeyLine Consultancy Limited, York Stress and Trauma Centre nor any of its associated companies or their staff or representatives shall not be liable for any default (or deemed to be in breach of contract) by reason of any delay due to circumstances beyond their control.

I acknowledge that I have carefully read and understood this agreement. I agree to release, indemnify and hold harmless KeyLine Consultancy Limited, York Stress and Trauma Centre and its associated companies, their agents, representatives and employees for any loss or damage I may suffer in any way associated with my participation in this programme.

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